

The Changing Landscape of Health in Peel

A Comprehensive Health Status Report 2019



What are we doing with these data?

All Boards of Health are required to assess the health of the population that they serve and publicly report the findings. A key part of this assessment is the collection and analysis of statistics and data about health behaviours, health care use, and health outcomes. *The Changing Landscape of Health in Peel* Report provides this assessment for the Region of Peel.

The data in this report identify current and evolving population health issues in Peel. Ultimately these data are a key input to improve the health of Peel residents.

The health status data from this report are combined with other sources of information about community health characteristics and needs and best-available research to provide a more fulsome picture of community health in Peel.

These combined data and information help us to:

1. Understand Local Health Issues

We have a better understanding and awareness of current health trends and emerging health issues as well as key health risks, hazards, and factors that help protect our health.

2. Guide Decision-Making and Action

We are better able to plan local programs and service delivery, evaluate progress, and identify priorities – where we need to shift or adjust our focus and resources.

Community and health system partners can use these data to plan and shape optimal programs and services based on population health needs.

3. Inform Healthy Public Policy

We can use these data to identify policy priorities and support decision-makers to make informed decisions about public policies that address public health issues.

Data found in this report are foundational inputs to help us understand and improve the health of Peel residents and help our community to thrive.