

# Peel Health Surveillance

December 28, 2025 to January 3, 2026 (Week 53)

- **Respiratory virus activity in Peel during week 53 remained high; activity continued to be driven by influenza.**
- **Next report:** January 14, 2026.

Table 1: Indicators of respiratory virus activity in Peel

| Indicator   | Week 53 Activity in Peel   | Activity Level   | Weekly Change  |
|---|--|--|--|
| <b>Lab-Confirmed Cases<sup>1</sup></b>  |  |  |  |
| Influenza   | 619 new cases reported*  |  High       |  Lower    |
| <b>Percent Positivity of Lab Tests<sup>2</sup> (Week 52)</b>                                |  |  |  |
| Influenza   | 41.8% percent positivity   |  High       |  Similar  |
| SARS-CoV-2 (COVID-19)   | 1.4% percent positivity  |  Low        |  Lower    |
| Respiratory syncytial virus (RSV)   | 5.4% percent positivity  |  Moderate   |  Higher   |
| Other respiratory viruses   | Adenovirus: 1.4%<br>Enterovirus/Rhinovirus: 3.6%<br>Human metapneumovirus: 0.0%<br>Parainfluenza virus: 3.0%<br>Seasonal human coronavirus: 0.6%     | --   | --   |
| <b>Emergency Department Visits<sup>3</sup></b>  |  |  |  |
| Influenza-like illness (ILI)  | 4.8% of total ED visits  |  Moderate |  Lower  |
| Respiratory symptoms  | 6.0% of total ED visits  |  Moderate |  Lower  |
| Respiratory Outbreaks in Hospitals, Long-Term Care Homes, and Retirement Homes <sup>1</sup> | 10 new respiratory outbreaks declared.<br>Total outbreaks this season:<br>Influenza: 38<br>COVID-19: 27<br>Other or multiple respiratory viruses: 35 |  High     |  Higher |
| <b>Wastewater Surveillance<sup>4</sup> (Week 52) [no updates since last report]</b>         |  |  |  |
| Influenza A   | High activity  |  High     | N/A  |
| Influenza B   | Low activity   |  Low      | N/A  |
| SARS-CoV-2 (COVID-19)   | High activity  |  High     | N/A  |
| Respiratory syncytial virus (RSV)   | Moderate activity  |  Moderate | N/A  |

\*Influenza case count includes duplicates and is subject to change.

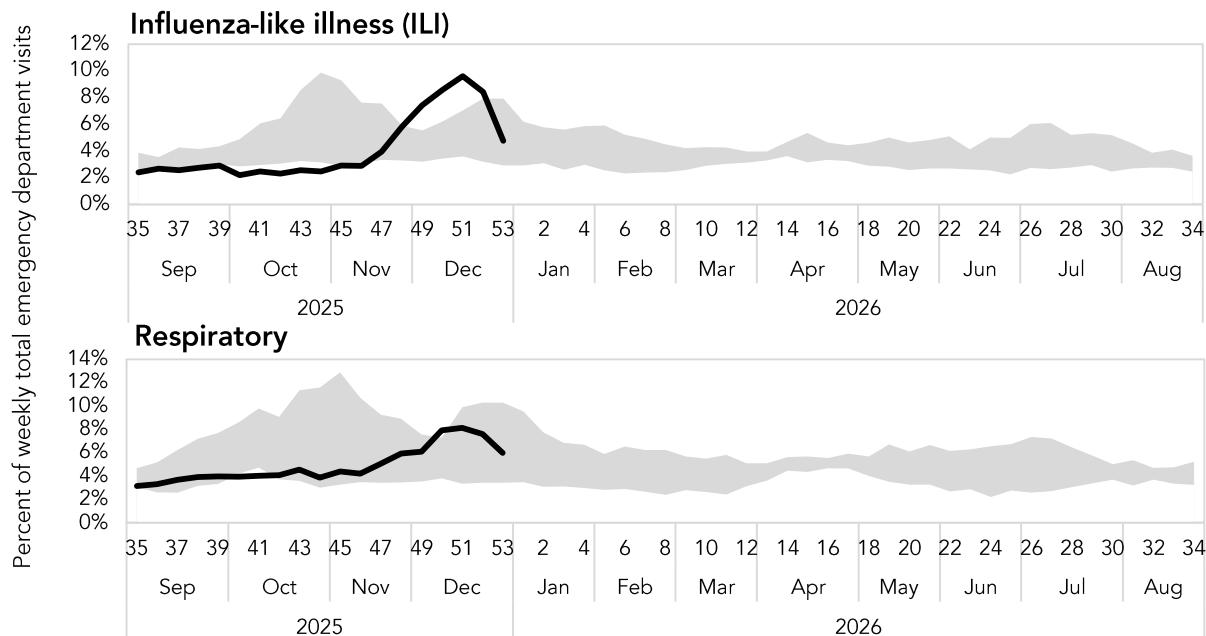
Notes: Current activity level (low/moderate/high) is assigned based on comparisons to historical data, and weekly change (lower/similar/higher) is based on comparisons to the previous week. A weekly change of N/A is noted for indicators with no available updated data for the report week. **Bold** indicates a change in activity level compared to the previous week.

Sources: 1) Ontario Ministry of Health, integrated Public Health Information System (iPHIS) database, extracted by Peel Public Health [6/Jan/2026]; 2) Public Health Ontario (PHO), Ontario Respiratory Virus Tool, extracted by Peel Public Health [6/Jan/2026]; 3) South East Health Unit, Acute Care Enhanced Surveillance; 4) Government of Canada, Wastewater Monitoring Dashboard, available at: <https://health-infobase.canada.ca/wastewater/> as of [6/Jan/2026]. Activity level includes not detected. Wastewater trend is calculated based on the past 35 days. Refer to the Wastewater Monitoring Dashboard – Technical notes for more information. In this report, current wastewater activity level and trend are reported separately; this may differ from the Wastewater Monitoring Dashboard which reports activity level and trend in a combined index.

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## Respiratory Infection Activity

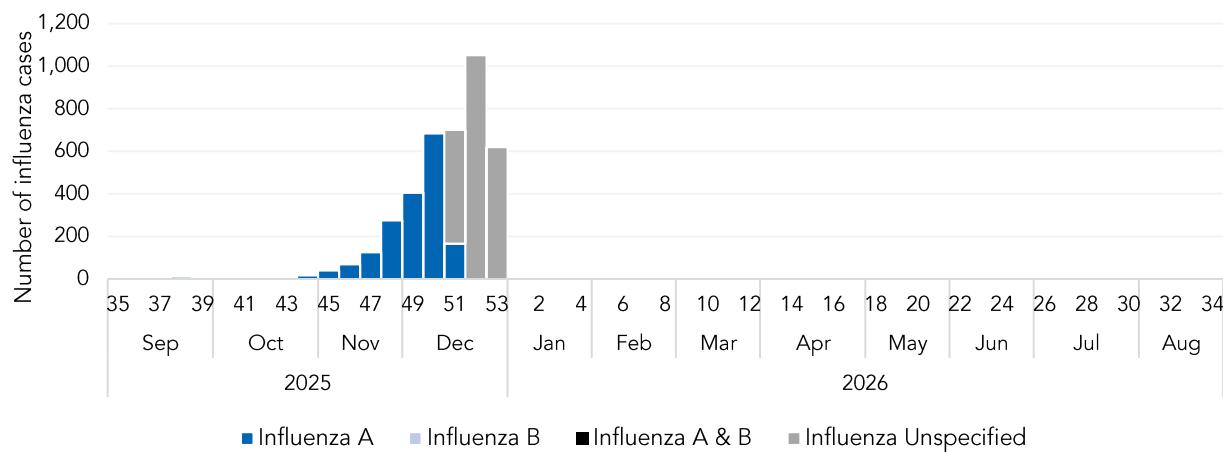
**Figure 1.** Weekly percent of emergency department visits due to influenza-like illness or respiratory syndromes, Peel residents: August 24, 2025 to January 3, 2026



Note: The grey shaded area represents the range between the minimum and maximum weekly percentage of ED visits due to ILI or respiratory syndromes, between 2020/21 and 2024/25.

Source: South East Health Unit, Acute Care Enhanced Surveillance, extracted by Peel Public Health [6/Jan/2026]

**Figure 2.** Laboratory-confirmed influenza cases in Peel by type and episode week: August 24, 2025 to January 3, 2026



Note: Episode date of cases reflect the earliest of symptom onset, test date, or date reported to public health. For influenza cases with unspecified typing, counts may include duplicates, are reported by date reported to public health only and may be reclassified to an earlier episode date once more information becomes available. Illnesses occurring during the most recent weeks may not yet be reported to public health.

Source: Ontario Ministry of Health, integrated Public Health Information System (iPHIS) database, extracted by Peel Public Health [6/Jan/2026]

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**Table 2.** Laboratory-confirmed influenza cases and rates by age group, Peel: September 1, 2025 to January 3, 2026

| Age group (years) | Influenza A   |            |              |              | Influenza B Total | Total Influenza cases (%) | Influenza rate per 100,000 <sup>†</sup> |
|-------------------|---------------|------------|--------------|--------------|-------------------|---------------------------|---|
|                   | A(H1N1) pdm09 | A(H3N2)    | A(UnS)*      | A Total      |                   |                           |   |
| 0-4               | 36            | 180        | 293          | 509          | 3                 | 512 (27.8%)               | 660.8                                   |
| 5-17              | 26            | 198        | 228          | 452          | 4                 | 456 (24.7%)               | 203.1                                   |
| 18-44             | 16            | 107        | 150          | 273          | 2                 | 275 (14.9%)               | 37.2                                    |
| 45-64             | 15            | 48         | 95           | 158          | 0                 | 158 (8.6%)                | 41.0                                    |
| 65+               | 31            | 96         | 315          | 442          | 2                 | 444 (24.1%)               | 178.5                                   |
| <b>Total</b>      | <b>124</b>    | <b>629</b> | <b>1,081</b> | <b>1,834</b> | <b>11</b>         | <b>1,845 (100.0%)</b>     | <b>110.1</b>                            |

\*UnS: unsubtyped; the specimen was typed as influenza A, but no result for subtyping was available.

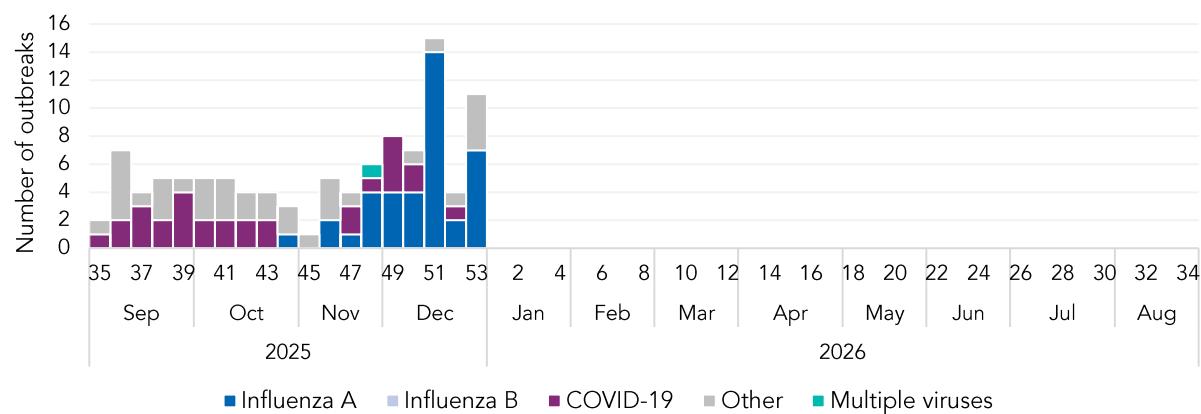
<sup>†</sup>Cumulative incidence rate per 100,000 population.

Excludes 2,202 cases with unspecified influenza type.

Sources: Ontario Ministry of Health, integrated Public Health Information System (iPHIS) database, extracted by Peel Public Health [6/Jan/2026]; Ontario Ministry of Finance, Population projections by county and PHU, 2025 [Feb/2025]

## Outbreaks in Priority Settings

**Figure 3.** Confirmed institutional respiratory outbreaks by week declared and virus, Peel: August 24, 2025 to January 3, 2026



Notes: Institutional settings include hospitals, long-term care homes, retirement homes, and congregate living settings (i.e., shelters, correctional facilities, supported living facilities, group homes and hospices). Other virus outbreaks include: rhinovirus (n=14), unspecified (n=9), seasonal human coronavirus (n=4), enterovirus/rhinovirus (n=3), parainfluenza virus (n=3), enterovirus (n=1), human metapneumovirus (n=1); multiple virus outbreaks include: influenza A and seasonal human coronavirus (n=1). The outbreak declared date represents the date the outbreak first met the definition for a confirmed outbreak.

Sources: Ontario Ministry of Health, integrated Public Health Information System (iPHIS) database, extracted by Peel Public Health [6/Jan/2026].

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**Table 3.** Institutional respiratory outbreak summary, Peel: September 1, 2025 to January 3, 2026

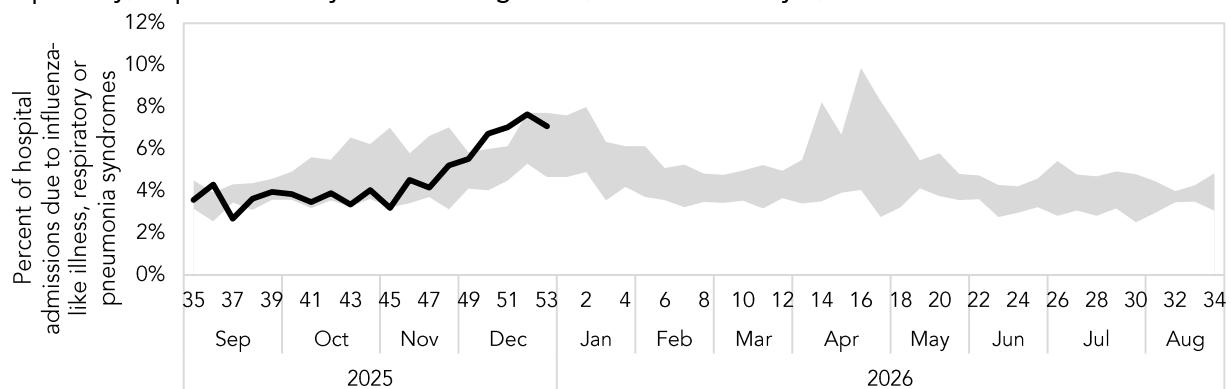
| Measure   | Influenza A | Influenza B | COVID-19 | Other virus |
|---|-------------|-------------|----------|-------------|
| <b>Total institutional outbreaks</b>                    | 39          | 0           | 29       | 33          |
| Acute Care  | 12          | 0           | 4        | 0           |
| Long-Term Care Home                                     | 18          | 0           | 16       | 22          |
| Retirement Home   | 8           | 0           | 6        | 10          |
| Congregate Living Settings                              | 1           | 0           | 3        | 1           |
| <b>Number of deaths among outbreak-associated cases</b> | 4           | 0           | 1        | 0           |

Notes: Congregate living settings include: shelters, correctional facilities, supported living facilities, group homes, and hospices. Outbreaks with multiple co-circulating viruses are counted per virus. Other virus outbreaks include: rhinovirus (n=14), unspecified (n=9), seasonal human coronavirus (n=4), enterovirus/rhinovirus (n=3), parainfluenza virus (n=2), enterovirus (n=1), human metapneumovirus (n=1).

Sources: Ontario Ministry of Health, integrated Public Health Information System (iPHIS) database, extracted by Peel Public Health [6/Jan/2026]

## Disease Severity

**Figure 4.** Weekly percent of hospital admissions among Peel residents due to influenza-like illness, respiratory, or pneumonia syndromes: August 24, 2025 to January 3, 2026

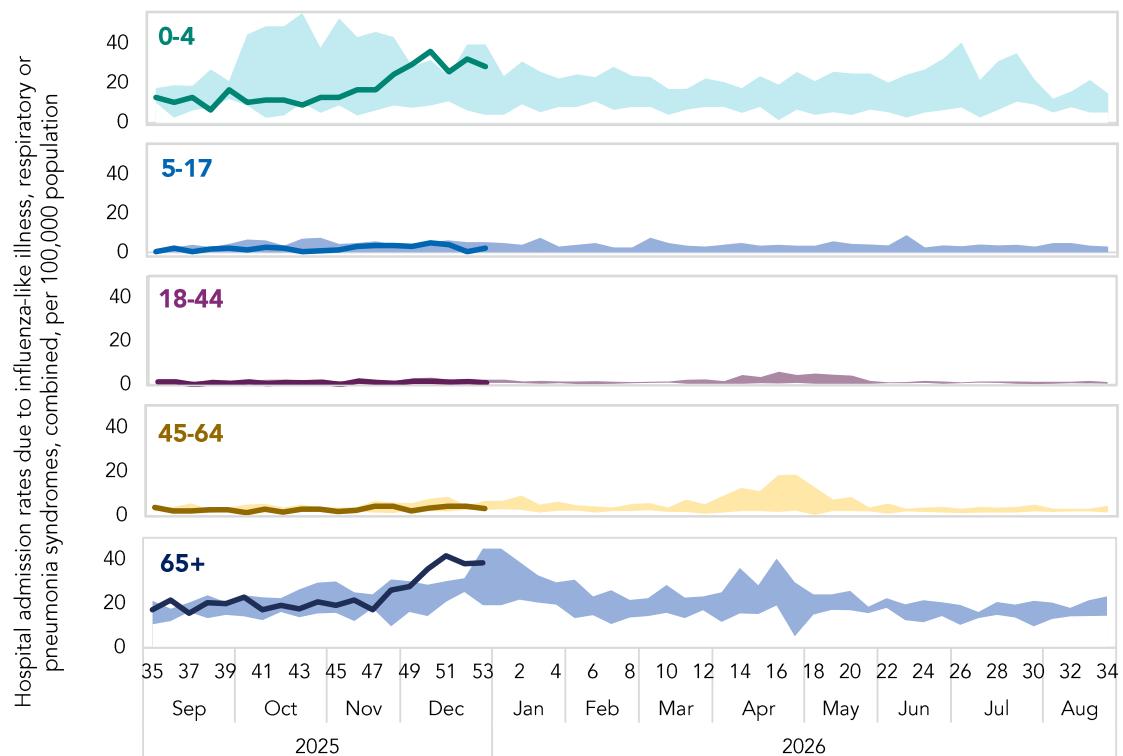


Note: The shaded area represents the range between the minimum and maximum weekly percentage of admissions due to ILI, respiratory, or pneumonia syndromes, between 2020/21 and 2024/25.

Source: South East Health Unit, Acute Care Enhanced Surveillance, extracted by Peel Public Health [6/Jan/2026]

# Peel Health Surveillance

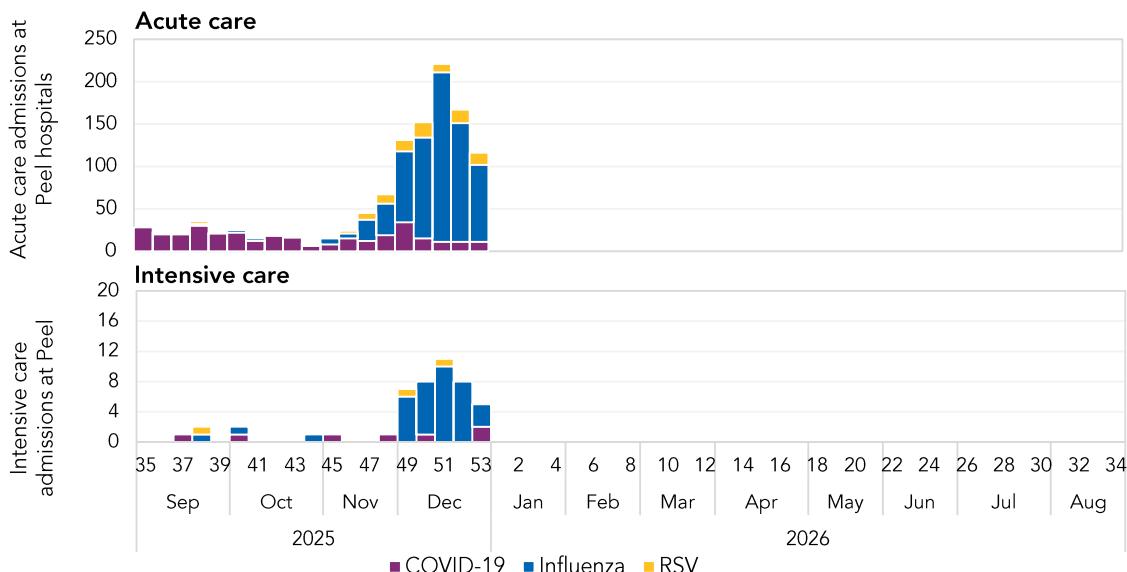
**Figure 5.** Weekly hospital admission rates among Peel residents due to influenza-like illness, respiratory, or pneumonia syndromes, combined, by age group: August 24, 2025 to January 3, 2026



Note: The shaded areas represent the ranges between the minimum and maximum age-specific admission rates due to ILI, respiratory, or pneumonia syndromes, between 2020/21 and 2024/25.

Sources: South East Health Unit, Acute Care Enhanced Surveillance, extracted by Peel Public Health [6/Jan/2026]; Ontario Ministry of Finance, Population projections by county and PHU, 2024 [Oct/2022]

**Figure 6.** Weekly acute care and intensive care admissions among COVID-19, influenza, and RSV cases, Peel hospitals, August 24, 2025 to January 3, 2026



Note: Data for week 52 & 53 may be incomplete and are under review.

Sources: Ontario Ministry of Health, Daily Bed Census, extracted [6/Jan/2026]; Ontario Ministry of Health, Critical Care Information System, extracted [6/Jan/2026]

# Peel Health Surveillance

## Data notes

- Unless otherwise specified, this report includes the most current data available as of 8:30 am on [6/Jan/2026] from the provincial Integrated Public Health Information System (iPHIS).
- iPHIS is a dynamic reporting source for infectious disease surveillance data. Data extracted represent a snapshot of data entered up to and at the time of extraction and may differ in previous or subsequent reports.
- Laboratory-confirmed cases included in this report represent those individuals who resided in Peel region at the time of their diagnosis.
- Emergency department visit and admission data from the [Acute Care Enhanced Surveillance Application](#) are categorized by syndromes and do not necessarily represent health care utilization/outcomes due to respiratory virus infections. Syndromes are not clinical diagnoses.

## Respiratory virus testing indications

Effective October 2, 2025, Public Health Ontario has updated its eligibility criteria for molecular respiratory virus testing.

**Table 5.** Respiratory virus testing indications for symptomatic individuals

| Eligibility Criteria   | Testing Available by Request |                                     |            |
|--|------------------------------|-------------------------------------|------------|
|  | FLUVID*                      | Multiplex Respiratory Virus (MRVP)* | SARS-CoV-2 |
| Residents in congregate living settings (including long-term care, retirement home and correctional facilities) that are not in an outbreak          | ✓                            |                                     |            |
| Admitted patient in a hospital or residents of congregate living setting that is in an outbreak beyond the first four specimens tested by MRVP       | ✓                            |                                     |            |
| Adults admitted to the hospital  | ✓                            |                                     |            |
| Staff from congregate living setting that are part of an outbreak  | ✓                            |                                     |            |
| Hospitalized patients requiring intensive care   |                              | ✓                                   |            |
| Hospitalized admitted patients that are:   |                              | ✓                                   |            |
| a) Children <18 years of age who are at risk of complications, in the presence of community-acquired pneumonia, or                                   |                              | ✓                                   |            |
| b) Immunocompromised or immunosuppressed, or   |                              |                                     |            |
| c) Pregnant  |                              |                                     |            |
| Patients/residents who are part of a hospital or public health unit declared respiratory outbreak (only the first four symptomatic patients).        |                              | ✓                                   |            |
| Individuals with COVID-19 symptoms and belonging to any of the groups as specified by the Ontario Ministry of Health:                                |                              |                                     |            |
| • People aged 65 years and older   |                              |                                     |            |
| • People aged 18 years and older who have at least one condition that puts them at higher risk of severe COVID-19 disease                            |                              |                                     |            |
| • People who are immunocompromised   |                              |                                     | ✓          |
| • Residents and patients in high-risk settings including hospitals and congregate living settings with medically and socially vulnerable individuals |                              |                                     |            |
| • People in the context of suspected or confirmed outbreaks, as directed by the local public health unit   |                              |                                     |            |

\*The FLUVID PCR tests for: influenza A, influenza B, RSV A/B, and SARS-CoV-2.

\*\*The multiplex respiratory virus PCR (MRVP) tests for: influenza A, influenza B, respiratory syncytial virus (RSV A/B), parainfluenza (1 – 4), adenovirus, enterovirus, seasonal human coronavirus (OC43, 229E, NL63, HKU1), rhinovirus and human metapneumovirus.

Adapted from: [Respiratory Viruses \(including influenza\) | Public Health Ontario; COVID-19 testing and treatment | ontario.ca](#)

## Resources

- [Public Health Ontario: Ontario Respiratory Virus Tool](#)
- [Government of Canada: Canadian respiratory virus surveillance report \(FluWatch+\); Wastewater monitoring dashboard](#)
- [World Health Organization: Global Influenza Programme](#)