

Sober Squares Bingo

Teacher Overview

Learning Objectives

- Students will be able to identify various aspects of alcohol use and its effects on our bodies and lives.

Key Messages

- Alcohol affects the body in many ways immediately and over a long period of time. By avoiding alcohol, you can stay away from its negative effects (physically, mentally, and legally).

Materials

- BINGO cards and Question/Answer sheet for teachers
- Prizes (at teachers' discretion)

Activity

- Provide one BINGO card to each student in the class.
- Use the question sheets to read the question or statement to the class and have the students guess the answer. The answers are found on the BINGO card.
- If a student has the correct answer on their board, they will mark the square.
- Once a student has filled in their entire board, they will yell BINGO to win.

Note to teachers

This can be used as a review of the curriculum support activities or at the beginning to gauge students' knowledge of the subject matter.

