

Know the Facts

Teacher Overview

Learning Objective

- Students will be able to separate myths from facts regarding alcohol.

Key Messages

- Alcohol is a drug.
- The earlier a person starts drinking, the more likely they are to experience issues with alcohol later in life.

Curriculum Expectation

D1.2 – Describe the short- and long-term effects of alcohol use and identify factors that can affect intoxication (e.g., amount consumed, speed of consumption, sex, body size, emotional state; combinations with other drugs, such as cannabis, food, or substances such as energy drinks).

Materials

- Myth/Fact cards
- Access to research/information for students (Library/Internet)

Activity

- Divide students into small groups.
- Give each group a myth or fact card.
- Tell each group to research the following:
 - Is the statement a myth or a fact?
 - Why? (Students must provide the reasoning and research to support their myth/fact)
- Discuss the myths/facts as a class.

Note to teachers:

This could also be used as a class discussion rather than a research activity.

