

Myth or Fact #1:

Drinking beer or wine will not make you as drunk as drinking spirits (vodka, rum etc.).





Myth or Fact #2:

Canadians spend billions of dollars a year on alcohol.





Myth or Fact #3:

Drinking coffee, working up a sweat, or having a cold shower will help sober you up.





Myth or Fact #4:

Male and female bodies react differently when drinking the same amount of alcohol.





Myth or Fact #5:

Alcohol can affect a pregnant person's unborn baby.





Myth or Fact #6:

Alcohol can be good for you.





Myth or Fact #7:

Alcohol gives you energy.





Myth or Fact #8:

Alcohol is the most used drug amongst youth.





Myth or Fact #9:

A hangover is the only thing to worry about when drinking alcohol.





Myth or Fact #10:

People often behave differently when drinking alcohol.

