

Hidden Harms Word Hunt

Teacher Overview

Learning Objectives

- Students will be able to identify short- and long-term effects of drinking alcohol.

Key Messages

- Alcohol, like every other drug, changes the way your mind and body work.

Curriculum Expectation

- **D1.2** – Describe the short- and long-term effects of alcohol use, and identify factors that can affect intoxication (e.g., amount consumed, speed of consumption, sex, body size, emotional state; combinations with other drugs, such as cannabis, food, or substances such as energy drinks).

Materials

- Word Search
- Drug Dictionary for Students

Activity

- Distribute the word search and drug dictionary to the class.
- Have students complete the word search individually.
- Class Discussion: Use the word search to discuss the short and long-term effects of alcohol.
For example:

- Teacher prompt: Why do you think drinking alcohol causes car accidents?
- Student response: Drinking alcohol slows down the way your mind and body work. Reaction time is slower, and vision is blurred. If someone drinks and then drives, they can swerve into lanes and crash as a result.

Note to teachers

This could be used as a take home activity with a class discussion the next day.

