



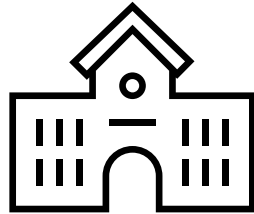
Facilitator Training

Date

Presenter



Playground Activity Leaders in Schools



Peer-based leadership program for elementary schools.



Originally developed by Peel Public Health; adapted by local public health agencies across Ontario.



Updated in 2023



Training Agenda

Program Coordination

Student Leader Recruitment and Training

- PALS Leader Recruitment
- PALS Leader Selection
- PALS Leader Training

Program Launch

Program Implementation

Program Sustainability

Resources



Program Objectives

1

Provide opportunities for student leadership.

2

Increase students' sense of belonging and inclusion.

3

Increase opportunities for physical activity to improve students' physical literacy.

Program Coordination and Support



- Adult facilitators
- Shared responsibilities
- Community support



Student Leader Recruitment



- PALS promotion
- Program commitment
- Application and selection process

Student Leader Selection



- Ages / grades
- Genders / gender identities
- Race, ethnicity, cultures and/or languages
- Leadership abilities (new and experienced)
- Leadership and learning styles
- Abilities
- Classrooms or existing groups

Student Leader Training



Multiple sessions

Skills

- Leadership
- Communication
- Conflict resolution

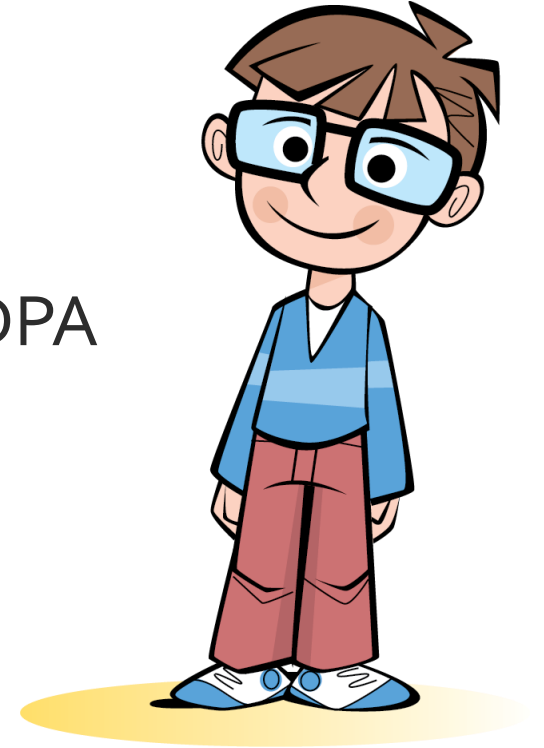
Games Training



Program Launch



- Announcements
- Assemblies
- Physical education class/DPA
- Staff meeting
- Parent council
- Newsletters





Program Implementation

- Regular Leaders "Team" Meetings
- Scheduling
- Back-Up Leaders
- Games Training
- Inclement Weather and Indoor Games

Sustaining the program



- Opportunities to connect
- Recognition
- Student leaders as PALS ambassadors
- Opportunities for additional learning



Key Resources

- Student Leader Application
- Parent/ Guardian Information Letter
- Parent/ Guardian Permission Form
- Training Preparation Checklist
- Team Building Activities
- Weekly and Monthly Planning Tools
- PA Announcements
- Certificates





Playground Activity Leaders in Schools