

NOT It's 'easy to leave an abusive relationship.

Fact: It can take an average of seven tries to leave an abusive situation. Survivors of abuse may feel isolated and trapped, making it difficult to get help.

There is help available! If you think someone is experiencing abuse, call Victim Services of Peel at **(905) 568-1068**.

peelregion.ca/BreakTheSilence

This campaign was developed in collaboration with community partners.



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