

You did **NOT** cause the abuse.

Fact: It is never your fault if you are experiencing abuse. Whether it happens once or often, abuse is unacceptable.

FREE help is available:

- Embrace Agency to End Violence **(855) 676-8515**
- Victim Services of Peel **(905) 568-1068**
- Call or text **211**

peelregion.ca/BreakTheSilence

This campaign was developed in collaboration with community partners.



HUM-1107-01 24/11