

# You did **NOT** cause the abuse.

**Fact:** It is never your fault if you are experiencing abuse. Whether it happens once or often, abuse is unacceptable.

## **FREE help is available:**

- Embrace Agency to End Violence **(855) 676-8515**
- Victim Services of Peel **(905) 568-1068**
- Call or text **211**

**peelregion.ca/BreakTheSilence**

This campaign was developed in collaboration with community partners.



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