



THE REGIONAL MUNICIPALITY OF PEEL
HEALTH SYSTEM INTEGRATION COMMITTEE

MINUTES

HSIC - 1/2020

The Region of Peel Health System Integration Committee met on February 20, 2020 at 9:33 a.m., in the Regional Council Chambers, 5th Floor, Regional Administrative Headquarters 10 Peel Centre Drive, Suite A, Brampton, ON.

Members Present: D. Damerla*; J. Downey; C. Fonseca; A. Groves; N. Iannicca;
P. Vicente

Members Absent: P. Saito; due to other municipal business

Advisory Members Present: J. deLacy on behalf of F. Martino, Interim President and CEO, William Osler Health System; S. McLeod, CEO, Central West LHIN

Advisory Members Absent: M. DiEmanuele, President and CEO, Trillium Health Partners;
S. Smith, Interim CEO, Mississauga Halton LHIN

Also Present: N. Polsinelli, Interim Chief Administrative Officer; K. Lockyer, Acting Commissioner of Corporate Services; S. VanOfwegen, Commissioner of Finance and Chief Financial Officer; S. Martin-Heaton, Acting Commissioner of Digital and Information Services; A. Farr, Acting Commissioner of Public Works; J. Johnson, Acting Commissioner of Human Services; P. Caza, Deputy Regional Solicitor; Dr. J. Hopkins, Medical Officer of Health; A. Macintyre, Deputy Regional Clerk and Manager, Legislative Services; B. Laundry, Director, Strategic Policy and Performance; H. West, Committee Clerk; A. Dhindsa, Legislative Assistant

Chaired by Councillor Fonseca.

Councillor Fonseca announced that Scott McLeod is the new CEO and Transitional Regional Lead for Ontario Health, Central Region, which includes the Central West and Mississauga Halton LHINs.

1. DECLARATIONS OF CONFLICTS OF INTEREST - Nil

* See text for arrivals

◆ See text for departures

2. APPROVAL OF AGENDA

RECOMMENDATION HSIC-1-2020:

That the agenda for the February 20, 2020 Health System Integration Committee meeting be approved.

Item 4.2 was dealt with.

4.2 Addressing Community Mental Health and Addictions System Challenges in Peel

Presentation by Brian Laundry, Director of Strategic Policy and Performance, Health Services

Received

RECOMMENDATION HSIC-2-2020:

That the advocacy approach outlined in the report from the Acting Commissioner of Health Services, titled "Addressing Community Mental Health and Addictions System Challenges in Peel", be endorsed.

Councillor Damerla arrived at 9:47 a.m.

Brian Laundry, Director of Strategic Policy and Performance, Health Services, provided an overview of the health system transformation noting that the Ministry of Health confirmed in December 2019 the first cohort of Ontario Health Team (OHT) candidates which included the Mississauga Health OHT, the Brampton and area OHT, and the Hills of Headwaters Collaborative OHT. Regional staff are working collaboratively with the OHTs to formalize structure, governance and funding relationships. The Ministry also reorganized the 14 LHINs into five interim geographic regions. The Central West and Mississauga Halton LHINs have joined the Central and North Simcoe Muskoka LHINs, now known as the Central Ontario Region.

Brian Laundry highlighted Bill 116, *Foundations for Promoting and Protecting Mental Health and Addiction Services, 2019* which recognizes that mental health and addiction care is a core component of an integrated healthcare system. He provided the current state of transformation and specifically, changes within the mental health and addiction sector, including implications for system integration and funding. He noted that health and addiction challenges continue to be a prominent issue in Peel region and one in five residents will experience a mental health concern at some point in their lifetime. He identified key mental health and addictions challenges including lack of funding, inadequate availability of services and longer wait times. Brian Laundry outlined the Region of Peel's role which is primarily focused on social determinants of health, highlighting the mental health and addictions roundtable that was held in October 2019.

In response to a question raised by Councillor Groves regarding when the Region of Peel will receive information on its share of the \$3.8B mental health and addiction funding, Brian Laundry

advised that staff are following up with the Ministry, but confirmation has not been provided to date.

Councillor Groves suggested that staff advocate to the Minister of Health and Long-Term Care to include psychiatric and psychological services under the Ontario Health Insurance Plan.

In response to a question raised by Councillor Fonseca regarding mental health data collection, Brian Laundry stated that ConnexOntario maintains a centralized database on drug, alcohol, problem gambling, mental health treatment services; however, health service providers are not accountable to report to ConnexOntario which creates data gaps.

3. DELEGATIONS

3.1 **Kimberley Floyd, Vice President, Home and Community Care and Liane Fernandes, Vice President, Regional Programs, Central Region LHIN, Providing an Update on Adult Day Services within the Region of Peel**

Received

Kimberley Floyd, Vice President, Home and Community Care, Central Region LHIN, stated that the Adult Day Program is offered throughout the region and helps to avoid unnecessary hospital stays; ensures patient flow throughout the health care system; ensures equitable access to care; and assesses the clinical complexities that many seniors are facing. The core focus of Adult Day Programs is to provide opportunities for socialization, to provide breaks for caregivers, and ensure seniors' mental and physical abilities are maintained to function at their optimal level. She noted that 3.3 million Ontarians or 29 per cent of the population provide caregiver support and if the equitable care were to be purchased, it would be estimated to cost the province \$26 billion on an annual basis. Kimberley Floyd provided an overview of the action planning activity which is reviewing types of care and innovation partnerships.

Liane Fernandes, Vice President, Regional Programs, Central Region LHIN, provided an overview of capacity planning for growth of the Adult Day Programs within the Mississauga Halton and the Central West LHINs. She stated the need for continued advocacy for funding and acknowledged the Ministry of Health's recent specific funding for dementia capacity planning. Liane Fernandes highlighted components of the capacity planning such as: reviewing how to expand existing programs; potential sites that could be enhanced or add additional spaces; geographical locations to provide care closer to home; a transportation strategy; and, hiring of specialized staff.

Councillor Groves asked if a review could be done to expand the Vera Davis Adult Day Program as there is a currently a waiting list.

Councillor Fonseca inquired if the hours for caregiver support versus the equitable amount for purchasing those hours could be determined for Peel.

3.2 **David Smith, Chief Executive Officer, Canadian Mental Health Association Peel Dufferin; Ceri Harnden, Chief Officer, System Integration, Peel Children's Centre, Regarding Community Mental Health and Addictions Services and Supports Across Peel**

Received

RECOMMENDATION HSIC-3-2020:

That representatives from the Canadian Mental Health Association Peel Dufferin and the Peel Children's Centre delegate to a future Regional Council meeting regarding community mental health and addictions services and supports across Peel region.

Ceri Harnden, Chief Officer, System Integration, Peel Children's Centre, provided an overview of mental health statistics for children and youth stating that 12 per cent of Peel's population are children from birth to age 19 and that one in five children will require mental health services at any point in time. She stated that the current funding provides mental health services to less than 5000 children per year, noting that 41,000 kids under the age of 17 and over 18,000 young adults 18 to 24 years of age, are not able to access services. If mental health challenges are left untreated, policing and hospital visits will increase which in turn places a higher financial burden for appropriate government funding.

David Smith, Chief Executive Officer, Canadian Mental Health Association Peel Dufferin, stated that the statistics for adult mental health are similar to those of children and youth noting that one in five adults in the Region of Peel will require mental health services at any point in time. He stated that this equates to approximately 276,000 people; however, only 10 per cent of those residents have access to mental health services. David Smith provided an overview of the provincial and national level Canadian Mental Health Associations and efforts to increase efficiencies. He stated that the Minister of Health and Long-Term Care is expected to provide a mental health strategy prior to March 5, 2020.

Ceri Harnden stated that for every dollar the Peel community receives for mental health and addiction services, Toronto receives six dollars advising that Peel has the longest wait times for counselling services. David Smith provided statistics for funding inequities for the Mississauga Halton and Central West LHINs, noting there is one psychiatric bed versus 10 beds in Toronto. Moving forward, advocacy for population-based funding is required to ensure that the Region of Peel receives a fair share of funding and that support for multi-sector, multi-agency planning, integrated services and performance data is required.

Councillor Fonseca suggested that the delegation present to a future Regional Council meeting.

Regional Chair Iannicca suggested that the issue of funding inequities for mental health and addictions be made the focal point for the Association of Municipalities of Ontario Annual Conference and that a motion be brought forward to Regional Council to make this an advocacy priority.

Councillor Downey inquired what the strategy would be to distribute funds if equitable funding were to be received. Ceri Harnden responded that the Peel Children's Centre has a core services framework and supportive data that focuses on prevention and intensive treatment, noting there are not enough funds in all service categories. She provided an example that early intervention programs could be made available five days a week in many locations as opposed to the current three days per week in three locations. A graduated plan and informed investments would be made to strengthen the system over time.

David Smith added that there are immediate problems that need to be addressed. He noted that people are going to jail instead of receiving treatment, homeless populations are increasing,

there is an increased demand in emergency hospital visits, and psychiatrists are overworked. Public health initiatives are required across the continuum to save overall funding.

4. REPORTS

4.1 Overview of Adult Day Services in Peel

Received

4.2 Addressing Community Mental Health and Addictions System Challenges in Peel

Presentation by Brian Laundry, Director of Strategic Policy and Performance, Health Services

This item was dealt with earlier in the meeting.

5. COMMUNICATIONS - Nil

6. IN CAMERA MATTERS - Nil

7. OTHER BUSINESS - Nil

8. NEXT MEETING

The next meeting of the Health System Integration Committee is scheduled for Thursday, May 21, 2020 at 9:30 a.m., Regional Administrative Headquarters, Council Chamber, 5th floor, 10 Peel Centre Drive, Suite A, Brampton, ON.

Please forward regrets to Helena West, Committee Clerk, (905) 791-7800, extension 4697 or at Helena.west@peelregion.ca.

9. ADJOURNMENT

The meeting adjourned at 11:05 a.m.