



Training Preparation Checklist

Please review the checklist prior to the PALS leader training session.

Collect student leader applications.

Distribute parent/guardian information letters and/or collect parent/guardian permission forms (optional).

Confirm number of PALS leaders.

Book a location with tables and chairs (e.g., library, learning commons, classroom).

Book a location for games training (e.g., gym).

Print off PALS leader activity sheets or confirm number of student leader handbooks required.

Gather equipment needed to play the games.

Flip chart paper and stand.

Tape and flip chart markers.

PALS Leader Training PowerPoint Presentation (if applicable).

Remind PALS leaders to bring a pencil on training days.

Remind PALS leaders to wear running shoes on training days.

	Date	Time	Location
Training session 1			
Training session 2			
Training session 3			
Training session 4			
Training session 5			