

### Region of Peel Smoke-Free Policy in Multi-Unit Housing

Semi-Annual Housing Services Providers Meeting

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#### **Presentation Outline**

- Why Implement a Smoke-Free Policy?
  - Health Effects
  - Fiscal Concerns
  - Legal and Social Context
  - Legislation
- Peel Living's Smoke-Free Policy
  - Partnership
  - Overview
  - Legal Questions
- Peel Region's Approach
  - Tenant Survey
  - Phased Implementation
- Support from Region of Peel

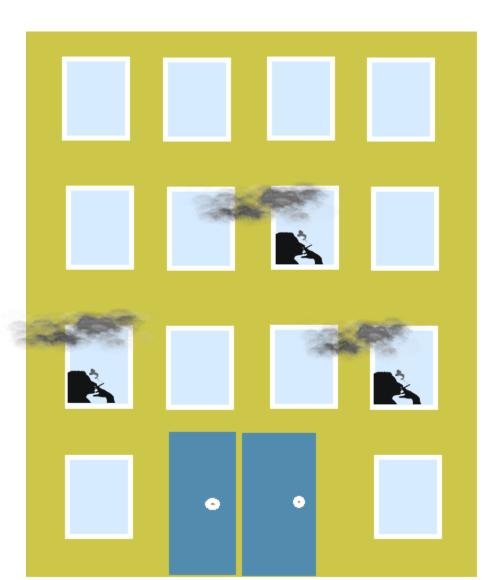


### Why Implement a Smoke-Free Policy?

#### **Health Effects of Second-Hand Smoke**

Second-hand smoke (SHS) exposure is linked to variety of diseases and premature death

Close to 1 third of Ontarians living in MUH are regularly exposed to SHS from neighbouring units



Cannabis smoke may increase risk of respiratory problems and chronic bronchitis.

Second-hand cannabis smoke contains many of the same cancer-causing chemicals as tobacco smoke.

#### **Financial Concerns**



Maintaining a smoker's unit costs 50 to 100 percent more than a non-smoker's unit



Smoking poses a fire risk and can result in increased insurance premiums

#### **Legal & Social Context**



Smoke-Free Ontario Act does not include private units Regina
Housing
Authority to
compensate
tenants for
SHS exposure

There are over **320** properties in Ontario that are smoke-free or transitioning across all sectors

# Peel Living's Smoke-Free Policy

#### Partnership: Peel Living & Public Health

#### **Peel Living Concerns:**

- 1. Tenant complaints of Second Hand Smoke (SHS) exposure
- 2. Fire hazard
- 3. Consideration of health effects of cannabis smoke
- 4. Protecting vulnerable individuals from SHS



#### Goal:

To create smoke-free living spaces in MUH properties to protect tenants, visitors, and staff from SHS exposure

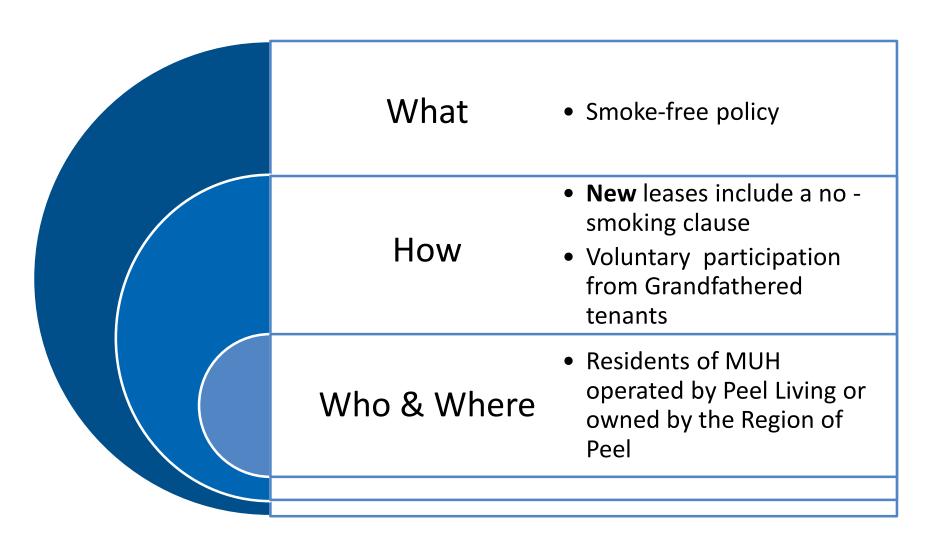


#### **Public Health Concerns:**

SHS exposure represents a health risk for over 16,000 multi-unit housing (MUH) tenants



#### Overview of the Smoke-Free Policy



#### Is that Legal?



People who smoke do not have a legally protected right to smoke

Tenants have a right to a safe and healthy living environment

Grandfathered tenants must be exempted from smoking restrictions

Cannabis is legal federally but restricted in PL units by the policy

# Peel Region's Approach

#### **Tenant Survey**

- One survey was mailed to each Peel Living household
- One person/household was randomly selected to complete the survey

- Overall, tenants were very supportive of an indoor smoking ban within their buildings
  - 79% of residents agree that smoking should be banned indoors
  - 77% of residents reported that they are bothered by second-hand smoke in their home



#### **Phased Implementation**

#### Phase 1

Smoke-free clause in all new lease agreements

#### Phase 2

Voluntary participation from Grandfather tenants

# Support from Region of Peel

#### **Support from Region of Peel**

If you are thinking of going smoke-free, we can support you by providing...

Consultation regarding policy development

Literature, legislation and evidence review

Cessation resources and referral

Assistance developing communications plans and tactics

Support and guidance throughout planning and implementation



#### Thank you

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#### **Appendix: Resources**

- Smoke-Free Housing Ontario
  - o <a href="https://smokefreehousingon.ca/">https://smokefreehousingon.ca/</a>
  - Resources include: lease template, how to guides, answers to common questions, legislation information, policy examples
- Ontario Non-Profit Housing Association
  - o <a href="http://onpha.on.ca/">http://onpha.on.ca/</a>
  - "Tenants and Community" resource library on Smoke-Free Buildings
  - Other resources available, including a Cannabis Toolkit
  - Membership required

