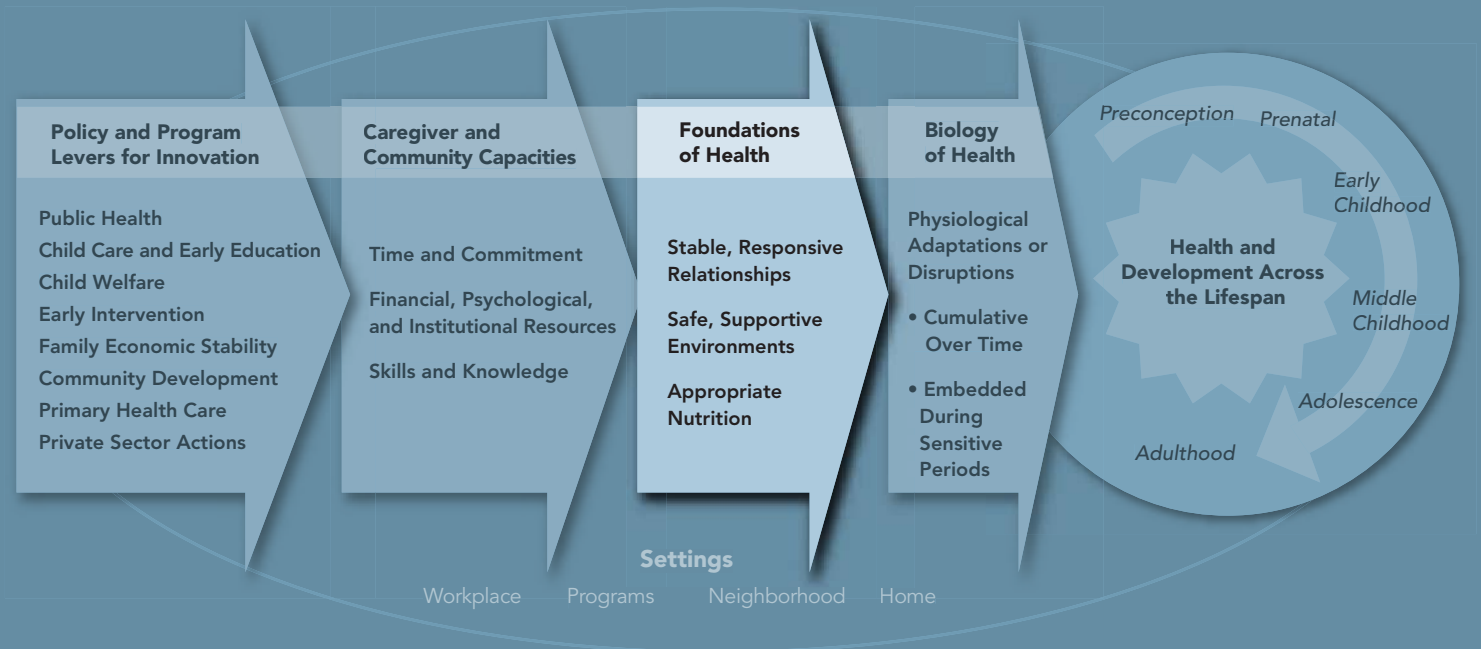


## Framework for Reconceptualizing Early Childhood Policies and Programs to Strengthen Lifelong Health



Source: The Foundations of Lifelong Health Are Built in Early Childhood. Center on the Developing Child at Harvard University, 2010.

## section B

### Foundations of Health

The foundations of health refer specifically to three domains of influence that are necessary for healthy child development: a stable and responsive environment of relationships; safe and supportive physical, chemical, and built environments; and sound and appropriate nutrition. These foundations can trigger adaptations or disruptions in the body that influence lifelong outcomes in health, learning and behaviour.<sup>6</sup> The framework acknowledges multiple levels of influence including family, community and government.