

CAREGIVER SUPPORT FORM

Rapid Antigen Test is used as a COVID-19 screening test in the Centres for all caregivers as per the [Minister's Directive - COVID-19 LTCH Surveillance Testing and Access to Homes, September 13, 2021](#).

The Centres are currently allowing 2 caregivers per Resident at a time. Should you wish to have more than 2 caregivers visit at one time, please discuss this with the care team. One caregiver is allowed to visit when the Centre is in an outbreak and/or the Resident is in isolation/on Contact and Droplet Precautions.

Caregivers are a type of essential visitor who is designated by the Resident/Substitute Decision-Maker (SDM) and is visiting to provide direct care and support to the Resident (e.g. supporting feeding, mobility, personal hygiene, cognitive stimulation, communication, meaningful connection, relational continuity and assistance in decision-making).

They are not staff, nor on-site contractors that provide care services to a Resident in our Centre. Examples of caregivers include family members who provide meaningful connection, a privately hired caregiver, paid companions and translators.

Caregivers can visit at any time without limits unless otherwise directed by the Centre Leadership Team. However, it is both appreciated and recommended that caregivers contact the Centre in advance to ensure the Centre can safely accommodate the appropriate spacing/capacity and personal protective equipment (PPE) required. Caregivers must be at least 18 years of age.

- The decision to designate an individual as a caregiver is entirely the responsibility of the Resident and/or SDM and not the Centre.
- A Resident/SDM may change the designation in response to a change in the:
 - Resident's care needs that are reflected in the plan of care.
 - Availability of a designated caregiver, either temporary (e.g. illness) or permanent, or other reasons.
- COVID-19 testing is not required for fully immunized caregivers. Caregivers must show proof of immunization status when entering the home in order to be exempt from testing.
- When the Centre is not in outbreak and when caregivers are unvaccinated or partially vaccinated against COVID-19 or do not disclose their vaccination status:
 - Caregivers will have up to 3 antigen tests in a 7-day period depending on their visiting schedule. Caregivers who visit the Centre and have received a rapid antigen test the day previous must provide proof of the negative antigen test result in order to gain entry to the home (Refer to [IDF-106](#) – Antigen Test Result Confirmation) or take a new antigen test.
 - The test must be completed before visiting the Resident. Visitors who refuse to take the test or who have a positive test result will not be allowed entry into the Centre.
 - If a positive antigen test result is received, you will not be permitted into the Centre and a lab confirmed PCR will need to be completed within 48 hours.
- When the Centre is in outbreak: One PCR test is required every 7 days. A PCR test may be required for both unvaccinated and vaccinated caregivers. This is determined in consultation with public health. Caregivers will have three days from the date the outbreak is declared to obtain a PCR test result. Additional antigen testing during outbreak may be required by the Centre in consultation with public health and the medical director. PCR testing for caregivers will be done at a community testing centre at any [Getting tested for COVID-19 - Region of Peel \(peelregion.ca\)](#) and [COVID-19 test and testing location information | COVID-19 \(coronavirus\) in Ontario](#).
- Prior to visiting any Resident for the 1st time, the caregiver must receive training from the Centre that addresses how to safely provide direct care, including putting on and taking off required Personal Protective Equipment (PPE), and hand hygiene. Caregivers will be asked at the time of screening to verbally attest that they have read the Centre's visitor policy and training/education package and reviewed it again when updates are made.
- Caregivers are not permitted to bring pets, unless previously approved by the Centre Leadership Team.
- The caregiver will be provided with an identification badge which must be worn at all times during the visit (if applicable).
- The caregiver will complete the screening process upon entry to the Centre and must wear a surgical/procedural mask provided by the Centre at all times during the visit. Hand hygiene must be maintained throughout the visit as well as adherence to all PPE/Infection Prevention and Control (IPAC) requirements for the Resident's care.

- The established visiting hours in the Centre are from _____ to _____ daily.
- The caregiver must only visit with their Resident. The date(s) and time of caregiver visits will be determined in consultation with the Centre.

DAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
TIME							

- Six feet/2m physical distancing is not required for the caregiver to provide care to their Resident however, the caregiver must maintain physical distancing from all other Residents and staff. A fully immunized Resident may have physical contact with their fully immunized caregiver (e.g. holding hands, hugs). Brief hugs are allowed if not fully immunized. In the case of a shared room, the caregiver must remain on their Resident’s side of the room only. The caregiver may assist in the dining room with their Resident only if space permits for physical distancing or when the Centre is not in outbreak.
- A caregiver may not visit any other Resident or LTC Home for 14 days after visiting another:
 - Resident who is self-isolating or symptomatic; and/or,
 - Centre in an outbreak.
- Outside food/beverages must align with a Resident’s dietary plan and requirements.
- Caregivers will exit the Centre through the front door after completing hand hygiene and disposing of their surgical/procedural mask and face shield.

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Resident Name: _____ **Date:** _____

Caregiver Name : _____

Caregiver COVID-19 vaccination details (vaccine name and dates):

Care Service:

- Direct Care (assisting with feeding, mobility, personal hygiene.)
- Emotional Support &/or meaningful connection
- Cognitive Stimulation
- Communication &/or decision-making
- Other (please specify, e.g. relational continuity): _____

How often do you expect to be in the Centre each week (e.g. daily, twice a week)? _____

Please provide additional information below detailing reason for request for consideration for the Essential Caregiver Program:

Request Reviewed By Administrator/DOC/designate:

Request Approved Request Denied

Reason:

Signature: _____ **Date:** _____

- Family/Caregiver Notified of Response
- Caregiver added to Centre’s Visitors List