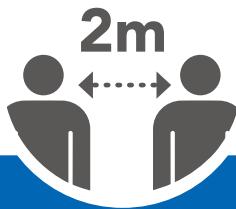


Four key steps for our recovery

COVID-19 continues to spread in Peel. Without a vaccine or treatment, we need to be vigilant to help control this highly contagious and harmful virus. Committing to follow the **Core Four** is the best way to protect our community and the fastest way to restore our thriving communities.

COVID-19 Core Four



Stay apart

Maintain 2-metres distance from everyone outside your **safe social circle**.



Lather up

Wash your hands with soap and water; or use hand sanitizer.



Mask up

Wear a non-medical mask where maintaining physical distancing is difficult and **where masks are mandatory**. Protect the supply of medical grade masks for health care workers.



Get tested

Get tested if you think you have COVID-19 or may have been exposed to it. Stay home, self-isolate and prevent potential spread.

These measures are temporary until we gain control over COVID-19 in Peel. Following these steps will save lives, protect our economy and speed up our recovery.

Show your commitment

Following the Core Four



Download your copy today!

Demonstrate your commitment to overcoming COVID-19 by posting the Core Four poster in your front window, your workspace, or on social media. This graphic tells people you're taking steps to keep Peel safe. **Print your copy of the window poster included in this document** or download from our website peelregion.ca/coronavirus/resources today to share and inspire others!

Creating a safe social circle

A safe social circle is a group of no more than 10 people with whom you can have close contact, including your immediate household. Social circles are important to reduce social isolation, support mental health, and allow for more rapid contact tracing in the event of a case of COVID-19 within your social circle. For more details at ontario.ca/page/create-social-circle-during-covid-19



How to wear a mask safely

Non-medical masks are only effective if used properly. Peel has posted step-by-step instructions on how to use the masks properly. Find this resource and many others at peelregion.ca/coronavirus/resources



COVID-19 is rapidly evolving. Public health advice may change as new information becomes available about the virus and its impact on Peel.

CDS-0673 20/06/17

For more information visit peelregion.ca/coronavirus

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working with you

Following the Core Four

