

Green Cleaning Shopping List

All of the following items can be found at your local grocery or health food store. Add your own ingredients to the list by visiting www.conservationpeel.ca for more green cleaning recipes.

- ✓ Baking soda
- ✓ Citrus fruits (lemon, lime and orange)
- ✓ Favourite essential oils (Tea tree oil and lavender oil for example)
- ✓ Olive oil
- ✓ White distilled vinegar
- ✓ Toothpaste
- ✓ Cayenne pepper
- ✓ Non-detergent soap

Green Disposal?

Safe disposal of household cleaning products is an essential part of protecting our environment. Cleaning products with a flammable, corrosive, explosive or toxic symbol should be disposed at a Region of Peel Community Recycling Centre, free of charge.

For information on Peel Region's Community Recycling Centres and proper disposal of household material visit www.peelregion.ca/waste or call 905-791-9499. Caledon residents in long-distance areas may call 905-584-2216.

green
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at
HOME

Recipes For Your Home

Homemade cleaning alternatives use natural ingredients that cause less damage to the environment. By replacing household cleaners which may contain harsh chemicals, you can reduce the amount of contaminants you put into the water systems, dispose of in a landfill or release into the air. Try these easy and affordable recipes in your own home.

OVEN CLEANER

- Baking soda and water
- Sprinkle baking soda to cover the messy area in the oven. Spray with water until very damp and let sit. Re-wet once or twice, then let sit overnight. In the morning, wipe the mess away with a little warm water.

MILDEW AND GERM KILLER

- 2 cups water
- ¼ tsp tea tree oil
- ¼ tsp lavender oil

Fill spray bottle with water. Add tea tree and lavender oil. Shake gently before each use. Spray on surfaces and leave to dry – do not wipe.

TUB AND TILE CLEANER

- ¼ cup baking soda
- ½ cup white vinegar
- 5 cups water

Mix baking soda and white vinegar with warm water. Apply directly to tub and tiles. Scrub and rinse clean.

TOILET CLEANER

- Baking soda
- Vinegar
- Lemon juice

Combine ingredients in equal parts in the toilet bowl and scrub well with a toilet brush. Let sit for at least half an hour before flushing.

WOOD AND FURNITURE POLISH

- Lemon juice
- Olive or vegetable oil

Use a mix of one part lemon juice with two parts olive or vegetable oil and polish with a soft cloth.

WINDOW CLEANER

- Vinegar
- Water

Use a mix of one part vinegar and one part water and store in a spray bottle. Optional: Add a couple of drops of your favourite essential oil for fragrance.

METAL POLISH

- Toothpaste

Spread a small amount of toothpaste on a dry microfiber cloth and rub on metal surface. Wipe away with clean cloth.

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ORGANIC PESTICIDE (For use on aphids or munching beetles)

- 1 pressure spray bottle
- 4 litres (16 cups) of warm water
- 2 tablespoons of oil
- 2 tablespoons of non-detergent dish soap
- 1 tablespoon of cayenne pepper

For more recipes, tips and resources
visit www.conservationpeel.ca